

Village of Antioch

Parks & Recreation Department

Laurie Stahl, Director - Debbie Foerster, Program Supervisor - Laura Mihovilovich, Admin. Assist.

806 Holbek Drive

Antioch, IL 60002

Office Hours: 9:00 a.m. - 5:00 p.m. Monday - Friday

Phone: (847) 395-2160 Fax: (847) 838-4328

Camp Crayon/Summer Day Camp Phone: (847) 838-4330

Scout House Phone: (847) 395-2191

Antioch Aqua Center (June - August) Phone: (847) 395-7665

Village Hall Building

874 Main Street Antioch, IL 60002

Phone: (847) 395-1000 Fax: (847) 395-1920

Trustees

Dorothy Larson, Mayor

Trustees

Robert J. Caulfield, Jr.

Mike Haley, Village Administrator
McCarty

Robert E.

Lawrence M. Hanson

Candi Rowe, Village Clerk

Scott A. Pierce

Barbara S. Porch

Mary J. Turner

Antioch Park Commission

Chris Lienhardt - Chairman, Jeff Benes, Wayne Foresta,

Tom Kessell, Julie Konvalinka, Jim Weber, Gina Wolf

Antioch Village Website: <http://www.antioch.il.gov> E-Mail address:
lstahl@antioch.il.gov

Table of Contents

General Park Rules	Page 2
Other Antioch Organizations	Page 3
Special Events & Programs	Page 4 - 6
Parties	Page 7
Pool & Swimming Lesson Info	Page 8 - 10
Park/Pool Rental Info	Page 11
Skate Park Rules	Page 12
Program Registration Form	Page 13 - 14
Day Camp & Camp Crayon	Page 15
Spring & Summer Programs	Page 16 - 27
Park Facilities	Page 28
Map	Page 29

Antioch Parks & Recreations Mission Statement

To enhance the quality of life by providing parks, open space and recreational opportunities for the Antioch Village residents, while preserving and enhancing the natural benefits of the environment.

GENERAL PARK RULES

Listed below is a summary of General Park Rules. For a complete listing of Village of Antioch's Park Rules Ordinance, see Chapter 4 of Title 8 of the Antioch Municipal Code.

1. Parks are open from dawn to dusk unless special arrangements are made with the Parks Director. **USE AT OWN RISK.**
2. Park Watch Program is in effect.
3. Children age 10 and under must be accompanied by an adult.
4. Some equipment is not suitable for use by younger children - parental discretion is advised.
5. Please keep all pets on leashes and clean up after your own.
6. Please report any unsafe equipment or vandalism to the Parks Department.
7. **No Smoking** in any park building, shelter, playground area, and only in designated smoking areas on grounds.
8. **The following is prohibited in all Parks:** Climbing on top of roof(s), trees, buildings or equipment, Throwing objects (sand, woodchips, rocks, etc.), Jumping from or off of equipment, Fires, Alcoholic beverages, Snowmobiles, dirt bikes, scooters, AT vehicles.
9. It is strictly forbidden to roller skate, roller blade, skateboard or ride a bicycle or scooter on any tennis court, basketball court, pavilion area, bench, picnic table or other park equipment. Skate boards, bikes and roller blades may be used in the Skate Park in strict accordance with posted rules for the use of such equipment.

HOW TO REGISTER FOR A PROGRAM: Registering for a program requires payment in full for the class and a completed registration form and signed waiver. Registration forms are required for each program you wish to enter. You may register for a program at the Parks Office, 806 Holbek Drive. Registration for all programs will be closed when a class becomes full or one week before the program begins. **All checks should be made payable to The Village of Antioch.** All registration is taken on a first come first serve basis. For specific programs the Parks Department may hold a special registration date for Village residents and/or Antioch Township residents before opening registration to non-residents. You will be notified if for any reason the program is changed or canceled in any way. Late registration, for classes already in progress, will be accepted if openings exist **with no reduction in fees**. Programs with insufficient enrollment may be canceled, so register early!

SNOW POLICY: If District 34 cancels classes, Park Department programs may also be canceled. You will be notified as early as possible of cancellations.

INSURANCE: The Antioch Parks and Recreation Department is not responsible for medical, hospital or accident claims by any individual or group participating in a park program.

REFUND POLICY: NO REFUNDS WILL BE GRANTED unless a program is canceled or changed by the Parks & Recreation Department. People who are unsure about signing up for a class may contact the Parks & Recreation Director and arrange a time to view a class before registering for the class the next session if possible. This action in no way guarantees a space to said person, and **MUST** be arranged with the Director. In special circumstances, a credit may be offered.

FEE SCHEDULE: Throughout this booklet, you will see two levels of fees. They are as follows: Antioch Residents/Non-Residents. Proof of residency may be required for registration in Parks Department programs. Any person unsure of their status with regards to residency may check with the Parks Office. For clarification, an "Antioch Resident" is defined as a person living within the borders of the Village of Antioch or Township and must have a 60002 zip code. A non-resident will be anyone who does not have a 60002 zip code. A Village Resident will have a 1 - 4 digit address while Township Residents will have a 5 digit address. The Village of Antioch reserves the right to hold priority registration dates for Village residents and/or Antioch residents.

Remember our Park Watch Program is in effect. Help keep your parks safe and clean by reporting any vandalism, damaged equipment or unsafe behavior at our parks to our parks dept. at 847-395-2160 or the non-emergency police number at 847-395-8585.

FOR INFO ON THE FOLLOWING ORGANIZATIONS, PLEASE CALL THE NUMBERS LISTED
THESE ORGANIZATIONS ARE NOT PART OF THE PARKS DEPARTMENT.

All Star Thunder Cheerleading - Karin Johnson
Antioch Viking Football- President, John Nebel
Antioch Viking Cheerleading - Sandy Gaylord
Antioch Waves Swim Team- Paul Howard, Co-President
Antioch Youth Little League - President, George Seyter
Additional Contact Phone: 847- 395-5855
AYSO (American Youth Soccer Organization)

Phone: 262-862-9425
Voice Mail: 847-604-4070
Phone: 847-395-7608
Phone: 847-395-0139
Voice Mail: 847-838-5657
WWW.AYLL.COM

E-mail: AntiochAYSO@AOL.com

Boy Scouts of America- Bill Bruno
Additional Contact: Dorothy Collings
Girl Scouts- Linda Schmidt
Lakes Region Historical Society- President, Wendy Maston
Soccer Leagues Lindenhurst Park District
Youth Iceless Hockey - Boys President: Dick Kessler
- Girls President: Dave Mede

Phone: 847-337-7615
Phone: 847-736-2886
Phone: 847-838-1654
Phone: 847-395-1551
Phone: 847-395-7337
Phone: 847-356-6011
Phone: 847-395-9287
Phone: 847-356-1232

For children in 1st - 8th grade. Boys play Jan. - Mar. (Regis. in Oct.) Girls play Sept. - Dec. (Regis. May)

Village of Antioch's Senior Center- Coordinator, Paul Howard Phone: 847-395-0139

The Antioch Senior Center is a multi-purpose drop in center, open Monday - Friday from 8:30 a.m. until 4:00 p.m. It is located at 817 Holbek Dr. (behind the Fire & Rescue Squad building on Orchard St.) Anyone age 60 and over is welcome to attend. **MEALS:** A nutritious and balanced hot lunch is served at the center Monday and Friday at 11:45 a.m. Seniors are asked to sign up at least two days in advance. The cost of the meal is \$3.00. The menu is posted at the center. In addition to the noon congregate meals program, a Meals on Wheels program operates out of Antioch. Eligible recipients living in Antioch receive a nutritious and balanced hot meal. The meals are delivered by volunteers (at noon), 5 days a week. For more information regarding the Meals on Wheels program call 546-5733. **MEMBERSHIP:** Membership to the Antioch Senior Center is \$5.00 per year. **TRANSPORTATION:** There are three forms of Senior and disabled transportation in the Antioch area. Application for a PACE Bus ID Card can be obtained at the Antioch Village Hall or the Township Office. The PACE ID Card is also good for ½ off on the Antioch Veterans Cab. There is also a Township Transit service on Tuesdays and Thursdays to area grocery stores. Phone numbers for the transportation programs are: PACE – 1-800-224-7223, Antioch Cab Service – 847-395-0481, Township Transit – 847-265-7433. **ACTIVITIES:** Rubber Bridge, Duplicate Bridge, Bridge Lessons, 3 and 4 Hand Pinochle, Beginning Pinochle, Cribbage, Sing-A-Longs, Bingo, Line Dancing, Crafts, Piano Playing, 6 Parties per year, Trips, Flu Shots in November, Foot Clinic 2nd Friday each month, Health Van Screenings - 3rd Monday each month, Computer/E-Mail, Internet Service, Monthly Dances, Movies, information and referral for social services. For specific days and times for the above listed activities, please call the Senior Center.

*****ANTIOCH'S FESTIVAL OF ARTS*****

Lakes Area Community Band, Debbie Davis

Phone: 847-395-0272

The Lakes Area Community Band is a volunteer concert band with the goal of providing fun and educational music making opportunities for people of all ages and musical abilities. Membership is open to adults or high school students. Junior high students actively taking private music instruction are also welcome to participate. No audition required. The band prepares around six seasonal concerts per year including: a Concert at ACHS and the very popular 4th of July concert at Williams park. Rehearsals are held every Monday from 7:00 - 9:15 p.m. at the ACHS band room. The band is under the direction of Steve Porch. Come join the fun!

Village of Antioch's Department of Parks & Recreation

WAIVER, RELEASE OF ALL CLAIMS AND HOLD HARMLESS AGREEMENT NO REFUNDS

(READ CAREFULLY)

NOTE: We do not carry medical or accident insurance for program participants. The costs of that type of insurance would make program fees prohibitive. Please review your own personal health insurance plan to be certain that you and your family have the proper coverage. The use of this form is one of our answers to the national liability insurance crisis, allowing us to continue to offer quality programs to the public at reasonable costs. If you have any questions, please call 847-395-2160. Thank you for your cooperation and support.

Please read this form carefully and be aware that, in signing up and participating in the Village of Antioch Parks & Recreation Department programs, you will be waiving and releasing all claims for injuries, arising out of these programs, that you or the other named participants might sustain. The terms "I", "me," and "my" also refer to parents or guardians as well as participants in the programs you are agreeing as follows:

As a participant in these programs, I recognize and acknowledge that there are certain risks of any injuries, damages or loss which I may sustain as a result of participating in any manner, in any and all activities connected with or associated with such programs. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury.

I agree to waive and relinquish any and all claims I may have as a result of participating in these programs against the Village of Antioch Parks & Recreation Department, any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the governmental bodies and independent contractors, and any and all persons and entities, of whatever nature, that might be directly or indirectly liable for any injuries that I might sustain while participating in these programs. (The parties described in the preceding sentence are referred to as "released parties" in the remainder of this Agreement).

I do hereby fully release and discharge the Village of Antioch Parks & Recreation Department and the other released parties from any and all claims for injuries, damage or loss which I may have or which may accrue to me on account of my participation in these programs. In the event of accident, injury, or sudden illness, I authorize needed medical treatment by a physician and/or hospital.

I further agree to indemnify, hold harmless and defend the Village of Antioch Parks & Recreation Department and any and all other released parties, from any and all claims resulting from injuries, damages and losses sustained by anyone, and arising out of, connected with or in any way associated with my conduct and the activities of these programs.

I further understand and agree that the terms such as "participation," and "activities," referred to in this Agreement, include all exercise and physical movement of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment, and apparatus, and anything related to my use of the services, facilities, or premises involved on these programs, and transportation to and from any events.

I understand the nature of these programs for which I am registering and have read and fully understand this Waiver, Release and Hold Harmless Agreement. I further understand that any advisements or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become a part of this agreement.

I understand that the participant's photograph may be taken during Park Department activities and I give my permission to the Village of Antioch's Department of Parks & Recreation to use such photographs in program advertisements.

(Participant's Signature (or parent/guardian if under 18 years of age)

Date

VILLAGE OF ANTIOCH PARKS & RECREATION REGISTRATION FORM

NO REFUNDS

Adult's Name _____

Address _____ City _____ Zip _____

Home Phone _____ Work/Cell Phone _____

Resident _____ Non-Resident _____

Participant's Name(s) And Birth date	Age	Program Name/Code	Date(s) of Program	Cost of Program	Cash/ Check#

Please duplicate this form for additional registrations.

Total Due:	
-------------------	--

Mail or register in person at:

**Parks & Recreation Department
806 Holbek Drive
Antioch, IL 60002**

**We accept cash or checks.
Make checks payable to:
Village of Antioch**

Please read and sign the waiver on the back of this form.

Village of Antioch's Special Events and Programs

Eggcellent Easter Egg Adventure

The Antioch Parks & Recreation Department is sponsoring its 15th Annual Eggcellent Easter Egg Adventure on Saturday, April 8, 2006. The parade is set to begin at 10:30 a.m. Immediately following the parade, (approximately 11:00 a.m.) the Easter Egg hunt will begin at Williams Park Little League Field for children ages 1 -10. Children will receive 10 eggs each and have a chance to win 3 special Easter Basket for each age group. The age groups are 1 & 2 year olds, 3 & 4 year olds, 5-7 year olds, and 8-10 year olds. The cost is \$2.00 per child (\$4.00 for non-residents). Registration is now in progress (in person only) at the Parks Office. **THERE WILL BE NO REGISTRATION THE DAY OF THE EVENT! Limit 700 children.** The Easter Bunny will be on hand to greet the children at the parade and at the hunt. Polaroid pictures will be available at a cost of \$3.00 each.

Arbor Day 2006

On Saturday, April 29th, 2006 the Antioch Arbor Day Committee will again give away 5 free seedlings per person, to anyone who will plant and care for them. The Colorado Blue Spruce Seedlings (14 to 22 inches in height) will be given away at the **Senior Center** between 10:00 a.m. and noon on the 29th during Antioch's Annual Arbor Day planting program. Don't miss out! Only 800 trees will be available for the tree program, so reserve yours early by writing to: Arbor Day Committee, 806 Holbek Dr. Antioch IL 60002. The pick-up location for the trees and your request will be confirmed by mail prior to Arbor Day. If you would like to help with the Arbor Day Program, please call the Parks Office at 847-395-2160.

2006 Antioch Queen Pageant

This year's annual Miss, Jr. Miss and Little Miss Antioch Pageant will be held on Saturday, June 17th at the Antioch High School Auditorium. Miss Antioch will receive scholarship money towards tuition of the college of her choice. She must be 16 - 21 years of age, have good academic standing, show community involvement, and have three references in order to be a contestant. Jr. Miss is for girls 11 - 13 and Little Miss is for girls 6 - 8. Specific Rules and Regulations are included in the application for the Pageant and can be picked up at the Parks and Recreation Office at 806 Holbek Dr. beginning Monday, April 3, 2006. There is a \$10.00 application fee to enter. **THE DEADLINE TO ENTER IS FRIDAY, MAY 12th at 5:00 P.M. NO EXCEPTIONS!** For more details call 847-395-2160.


Antioch's Taste of Summer July 20th - 23rd, 2006

This four-day Festival of Food, Entertainment, Carnival and Street Sales is great for the whole family! You'll enjoy free admission and plenty of fun throughout the four-day festival. Thursday entertainment includes Mr. Myers Caribbean Rock, Friday you'll enjoy US 99 and the Country Roads Band, Saturday boasts BBI Live. Sunday we are proud to bring back American English. Additional entertainment and activities will be held throughout the four-day festival. The Taste is held near the Brooks Bandshell on Skidmore and Orchard. Call the Antioch Chamber of Commerce and Industry for additional information (847) 395-2233.

It's Thursday (Formerly FridayFest)

The Village of Antioch is proud to present "It's Thursday" Concert Series for 2006. On Thursday's from June 29th until August 24th, you will enjoy great entertainment. "It's Thursday" posters and programs will be distributed the beginning of June. You won't want to miss any of our spectacular concerts. No coolers are allowed into the concert area. Refreshments will be sold by Antioch's non-profit organizations during the concerts. If you would like more information regarding "It's Thursday" Concerts, please call the Department of Special Events at 847-395-6342.

Annual Mother & Son Cosmic Bowling Date Night



made available upon request. Pizza and pop is included. Cost is \$20 per couple for Antioch residents and \$30 for non-residents with a \$5 charge for each additional son. Because this is a family event, there will be no smoking or drinking of alcohol. You may register for this popular event at the Parks Office beginning August 1st. There is a limit so register early! Call the Parks Office at 847-395-2160 for more information.

2006 Independence Day Celebration

Join us again this year for a fantastic family hometown celebration of our country's birthday! This year's theme is **Antioch's Hometown Hero's**. Our Grand Marshals will be our World War II Veterans. The day will begin at 8:00 a.m. with the 5K Run for Freedom, sponsored by the State Bank of the Lakes. The Antioch Community Choir will inspire us with their patriotic songs at 10:15 a.m. on the corner of Lake and Main Streets. Our Big Parade will start at 11:00 a.m. Beginning at the Antioch Community High School. Don't forget to register your float in our Float Contest. The winner will receive our Traveling Trophy donated by Awards by Kaydan and will display the trophy on next years float. The winner will be announced after the parade at Williams Park. Judging for the Parks and Recreation sponsored Bike, Costume, and Pet Contests will also be announced there. The Fire Cracker Sports Tournaments, which includes Softball, 3 on 3 Basketball, and Volleyball, is sponsored by the First National Bank - Employee Owned. The Children's Fun Fair starts right after the parade with lots of games and fun things to do. Delicious food and beverages will be available throughout the day and are provided by Antioch non-profit organizations. Our Parks and Recreation Department will provide swimming for 25 cents from noon until 8 p.m. After the Children's Fun Fair, join in all activities at the Family Fun Games. There will be water balloon contests, sack races, and more! Or try your hand at Bingo sponsored by the Antioch Moose Lodge. When it's time to catch your breath, sit back and enjoy the musical entertainment of the Antioch Community Band will fill you with inspiration and pride of country with their patriotic songs and music. All the day's activities lead up to a spectacular display of fireworks.

Help us celebrate the birthday of the greatest nation on earth, the United States of America, on Tuesday, July 4th. Look for more details and registration forms in our June Village Newsletter.

For More information or to volunteer to help, call:
Department of Special Events for Parade and Float Contest: 847-395-6342
Antioch Village Hall for the Apple Pie Baking Contest: 847-395-1000
First National Bank Employee Owned for Fire Cracker Sports Tournaments:
847-395-3111
State Bank of the Lakes for the 5K Run For Freedom: 847-395-2700

Summer Day Camp

Summer Day Camp is a Village program that is designed to provide day care for children of working parents. Day Camp provides recreational activities in a safe supervised environment for children ages 4-12. Activities include, local field trips, crafts, and swimming. Summer Day Camp will begin as soon as Dist. 34 schools let out for the summer and will run through August 11th. Please plan your vacation time accordingly. Camp runs Monday - Friday at the Parks Building at 806 Holbek Dr. from **6:30 a.m. - 6:00 p.m.** Children will participate in a number of activities throughout the day including a daily trip to the Antioch Pool (weather permitting). Children must bring a lunch, bathing suit, towel and sunscreen. Two daily snacks will be provided. **REGISTRATION FOR VILLAGE OF ANTIOCH RESIDENTS IS SATURDAY, APRIL 15th FROM 9:00 - 11:00 a.m. (Village Residents will have a 1 - 4 digit address and live in the village limits).** Township residents will be able to register on the same day from 11:00 a.m. - noon if there are still spaces available at that time. Daily fee comes to \$25 per day from 8:30 a.m. - 6:00 p.m. Early Bird rates for 6:30 a.m. - 8:30 a.m. are an additional \$2 per day. Registration will take place at the Parks Building, 806 Holbek Dr. There is a limited number of spaces available.

Sessions:	Fees:	2 days a week	3 days a week	full week	early bird
Session 1 - 6/8 - 6/30		\$200	\$300	\$425	\$2 per day
Session 2 - 7/5 - 7/31 (No class 7/3 & 7/4)		\$200	\$300	\$475	\$2 per day
Session 3 - 8/1 - 8/11		\$100	\$150	\$225	\$2 per day

Session fees will be due by the 20th of the prior month.

Director: Danielle Davis Asst. Director: Amanda Bartz
Parks Office: 847-395-2160 Day Camp Phone: 847-838-4330 Scout House 847-395-2191

Please bring proof of residency, your child's birth certificate and a \$50 deposit, due at registration. The \$50 deposit will be deducted from your Session 1 payment.

CAMP CRAYON PRE-SCHOOL



Camp
Phone:
Lead
Karen
Instructor



Crayon
847-838-
Instructor -
Meyer
- 4 yr. olds:



Director: Debbie Foerster
4330
3 yr.
Lead
Carol



olds:



Richter

Camp Crayon is a social pre-school program for 3 - 5 year olds (child must be toilet trained by September 1st to participate in the program.) Classes will begin the week of September 12th and run through mid May. We have expanded our program this year by using the Scout House (770 Cunningham Dr.) for the 3 year old classes.

The 4 year old classes will remain at the Parks Building (806 Holbek Dr.). This has allowed us to add a new class for each age group. Classes and fees are listed below. There are 20 children per class with 4 instructors for the 3 year old classes and 20 children per class with 3 instructors for the 4 year old classes. *Payment sessions are every 6 weeks. Call the Parks Office for a detailed brochure and class availability at 847-395-2160.

<u>Class</u>	<u>Days</u>	<u>Time</u>	<u>Fee*</u>	<u>Location</u>	<u>Class Code</u>
3 Year Old Class	M & W	9 - 11:00 a.m.	\$85/105	Scout House	CC3M
3 Year Old Class	T & Th	9 - 11:00 a.m.	\$85/105	Scout House	CC3T
4 Year Old Class	T & Th	9 - 11:30 a.m.	\$100/120	Parks Bldg.	CC4T
BK Camper Class	M/W/F	9 - 11:30 a.m.	\$150/170	Parks Bldg.	CCBKA
BK Camper Class	M/W/F	12:30 – 3:00 p.m.	\$150/170	Parks Bldg.	CCBKP

Registration begins in March and there are limited spaces available. Please bring proof of residency, your child's birth certificate and a \$50 deposit, due at registration. The deposit will be deducted from session 1 payment.

Antioch Aqua Center

847-395-7665 Pool Phone operational June through August

The Antioch Aqua Center is located in Williams Park at 741 Main St. The pool is scheduled to be open from Saturday, June 3rd through Sunday, August 27th (weather & staff permitting). Normal hours are 12:30 - 8:00 p.m. on weekdays and noon - 8:00 p.m. on weekends. The pool may close early on days when a swim meet or special event is planned or because of weather and staff availability. These dates will be posted and are available upon request. Pool Passes go on sale at the parks office beginning May 1, 2006. Adult Swim: Saturday and Sundays 11a.m. - Noon. You must be 21 or older to swim during this time. Lap lanes will be available.

	Resident	Non Resident
Individual Season Pass	\$ 40.00	\$ 50.00
Family Season Pass (4)	\$125.00	\$175.00
Only immediate family members living in your residence are eligible for family rates. Proof may be required to confirm residency. Nannies and live-in babysitters are not included in the family pass.		
Each additional family member	\$ 10.00	\$ 10.00
Daily Admission	\$ 3.00	\$ 5.00
Senior (60 and up) \$1.00	Children 2 and under free! (Swim diapers required)	
Everyone 3 and over will be charged an admittance fee upon entering the pool area whether they plan to swim or not.		

2006 Pool Rules

- Obey Instructions of Lifeguards at all times.**
- NO SMOKING, ALCOHOL or GLASS CONTAINERS** Allowed! No foul language Allowed!
- No Running or Horseplay Allowed. This includes pushing, throwing and dunking people, playing chicken or anything that the guard may consider horseplay or unsafe.
- Children under ten (10) years of age must be accompanied by someone 14 or older.
- No Food, Drink, Band-aids or Gum allowed on pool deck or in locker rooms.
- Shower before entering pool.
- Hair shoulder length and longer should be in a cap or tied back firmly.
- No toys or flotation devices allowed in the pool except during break time with parental supervision.
- No persons with contagious diseases, infectious conditions, open sores or rashes are allowed in the pool. No one under the influence of alcohol or exhibiting erratic behavior shall be permitted.
- Dive only in the deep end, no flips off of the side are allowed.
- Pool will be closed when the temperature drops below 65 degrees, or when otherwise advised by the weather bureau or other authorities.

12. There is a break time for adult swimming every hour for 15 minutes. You must be 18 or over to swim during this time. Parents or guardians may take 1 child (6 and under) in with them.
13. Keep Pool Area and Locker Rooms clean. Pick up all garbage and place in trash cans.
14. Diapers are unacceptable and may not be worn. Special swim diapers or plastic pants must be worn under suits for all children who are not toilet trained.
15. The pool shall be closed when a situation arises that would jeopardize the public health or safety of those in attendance.
16. You must be able to swim across the length of the pool in order to use the diving board or slide.

Violation of any of these rules may result in the violator being asked to leave the pool, revoking of pool privileges, or suspension from the pool for the summer.

Planning a party? Why not have it at the Antioch Aqua Center? The pool is available to rent from 8:00 -10:00 p.m. for private parties. Lifeguards are provided. Call the Parks and Recreation Office for more information Fees are \$150 for Antioch Residents, \$200 for Non-Residents (and a \$100 deposit). See page 11 for details on Pool and Park Rentals. Summer Day Camp groups will be using the pool from 1:00 - 3:30 p.m., Monday - Friday.

Swimming Lessons

Lesson Fees: Resident: \$40.00	Non Resident: \$50.00
<u>Session Dates:</u>	<u>Times:</u>
June 19 – June 30	10:00 a.m. - 10:40 a.m.
July 10 - July 21	10:45 a.m. - 11:25 a.m.
July 24 - August 4	11:30 a.m. - 12:10 p.m.
(All times and levels are available for each session)	

SWIMMING LESSON REGISTRATION: ANTIOCH RESIDENTS (60002 zip) - SATURDAY, MAY 20th FROM 9:00 - 11:00 a.m. at the Parks Office, 806 Holbek Drive. Each family will be limited to sign up for only one session on Saturday the 20th. Antioch Residents may sign up for additional session dates beginning on Monday, May 22nd. Open registration for Non-Residents begins Tuesday, May 30th at 9:00 a.m. Each session is 2 weeks (Monday - Friday for 40 minutes per day. Please specify session, level and time at registration. For your convenience, a swimming lesson registration form is enclosed in this brochure. Please have it filled out before registration in order to expedite our registration process. Space is very limited. When registering please have back up sessions and times available, in case the class you want is filled. (Village of Antioch's Summer Day Camp children will have priority registration for the 10:45 -11:25 time slot.) **Time does not allow us to have rain dates.** We will hold class unless it is thundering and lightning. If the temperature drops below 65 degrees or if rain showers are present, we will hold a safety class under the pavilion.

Preschool: This class is for all children between the ages of 3 and 5 and will focus on water adjustment and basic skills including holding breath, kicking techniques, floating, etc. (5 children per teacher.)

Beginners: This class is for children 6 and over who are just learning to swim and older than preschool age. The child will learn to dog paddle, back float, front float, jump off the side of the pool, fin on back, front crawl, and learn proper breathing techniques. (5 children per teacher.)

Intermediate: This class is for the child who is comfortable in deeper water and be able to front float and back float. The child will learn to do front crawl stroke, kicking and breathing techniques across the width of the pool. The child will also learn to do the elementary backstroke, side stroke, diving, and treading water. (5 - 6 children per teacher.)

Advanced: This class is for the child that has a strong front crawl across 2 widths of the pool and is able to tread water. The child will learn to perfect the front crawl and back stroke and will learn sidestroke, breast stroke, and diving off the board. (10 children per teacher.)

****All parents can view lessons from the outside of the fence so that the instructors will have your child's undivided attention. Thank you for your cooperation. Bleacher seating is available.**

"SCHOOL'S OUT!" TEEN SPLASH BASH

We're going to celebrate the start of summer and dance the night away at our Teen Splash Bash! Our DJ, will keep the party music Jumpin' so you can dance poolside or enjoy fun in the water. The water slide and concession stand will also be open. Lifeguards will be on duty. Any parents wishing to help chaperone should call the Parks Office at 847-395-2160.

Who: Teens going into grades 6 - 8

Location: Antioch Aqua Center

Date: Friday, June 16th

Time: 8 - 10 p.m.

Fee: \$4/\$5

A "Back to School Bash" is planned for Friday, August 11th also!

Same time and fee as above

SWIMMING LESSON REGISTRATION FORM

WAVIER, RELEASE OF ALL CLAIMS AND HOLD HARMLESS AGREEMENT FOR THE VILLAGE OF ANTIOCH PARKS & RECREATION DEPARTMENT (READ CAREFULLY)

NOTE: *We do not carry medical or accident insurance for program participants. The costs of that type of insurance would make program fees prohibitive. Please review your own personal health insurance plan to be certain that you and your family have the proper coverage. The use of this form is one of our answers to the national liability insurance crisis, allowing us to continue to offer quality programs to the public at reasonable costs. If you have any questions, please call 395-2160. Thank you for your cooperation and support.*

Please read this form carefully and be aware that, in signing up and participating in the Village of Antioch Parks & Recreation Department programs, you will be waiving and releasing all claims for injuries, arising out of these programs, that you or the other named participants might sustain. The terms "I", "me," and "my" also refer to parents or guardians as well as participants in the programs you are agreeing as follows:

As a participant in these programs, I recognize and acknowledge that there are certain risks of any injuries, damages or loss which I may sustain as a result of participating in any manner, in any and all activities connected with or associated with such programs. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury.

I agree to waive and relinquish any and all claims I may have as a result of participating in these programs against the Village of Antioch Parks & Recreation Department, any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the governmental bodies and independent contractors, and any and all persons and entities, of whatever nature, that might be directly or indirectly liable for any injuries that I might sustain while participating in these programs. (The parties described in the preceding sentence are referred to as "released parties" in the remainder of this Agreement).

I do hereby fully release and discharge the Village of Antioch Parks & Recreation Department and the other released parties from any and all claims for injuries, damage or loss which I may have or which may accrue to me on account of my participation in these programs. In the event of accident, injury, or sudden illness, I authorize needed medical treatment by a physician and/or hospital.

I further agree to indemnify, hold harmless and defend the Village of Antioch Parks & Recreation Department and any and all other released parties, from any and all claims resulting from injuries, damages and losses sustained by anyone, and arising out of, connected with or in any way associated with my conduct and the activities of these programs.

I further understand and agree that the terms such as "participation," and "activities," referred to in this Agreement, include all exercise and physical movement of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment, and apparatus, and anything related to my use of the services, facilities, or premises involved on these programs, and transportation to and from any events.

I understand the nature of these programs for which I am registering and have read and fully understand this Waiver, Release and Hold Harmless Agreement. I further understand that any advisements or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become a part of this agreement.

PLEASE USE PENCIL DO NOT MAIL IN BRING THIS COMPLETED FORM TO REGISTRATION

<u>Session Preference</u>	<u>Level (X one)</u>	<u>Time Preference</u>
(X one, two or all three)	[] Preschool	(X one)
[] Session 1 (6/19 – 6/30)	[] Beginners	[] 10:00 - 10:40 a.m.
[] Session 2 (7/10 - 7/21)	[] Intermediate	[] 10:45 - 11:25 a.m.
[] Session 3 (7/24 - 8/4)	[] Advanced	[] 11:30 - 12:10 p.m.

Participant _____ Age _____ Phone # _____

Address _____ City/State/Zip _____ Amount Paid _____

_____ Cash/Check# _____

Signature of Participant or Parent/Guardian on behalf of person under the age of 18 _____ Date _____

NO REFUNDS - NO RAIN DATES

Session Fees: \$40.00 Antioch Residents \$50.00 Non-Residents
(Fee is per child and per session)

2006 Park/Pool Rental Policy Statement

1. No pavilion/pool is reserved for any person until all necessary paper work and fees are submitted to the Parks Office. **Reservations will not be taken over the phone.** Fees and paperwork must be received at least two weeks prior to the date of the event. A confirmation letter will be given to the applicant and **must be posted at the site** on the rental date. This is the only proof that a facility has been reserved for them. Rental of a pavilion does not preclude Antioch residents from using the park on this day. It merely ensures that no other large group will be scheduled by the Parks Dept. to use the park on that day.
2. No refunds. Rain dates may only be rescheduled after the initial date.

3.	Pavilion Fee's:	Antioch Residents	Non Residents	Deposit
	Under 50 People	\$25	\$40	\$100
	50-150 People	\$75	\$125	\$100
	Over 150 People	\$150	\$200	\$100
	Alcohol Permit	\$25	\$25	N/A
	Pool (8-10 p.m.)	\$150	\$200	\$100

Deposits and fees may be written on one check payable to the Village of Antioch. All deposits and fees will be cashed upon receipt of the check and a reimbursement check will be issued by Village Hall **after** the date of rental, as long as you clean up after your party and there were no problems reported. **Refund checks are processed on the 1st or 3rd Monday of each month and will be mailed.**

4. Reservations for the year will be taken after January 1. Pavilions are reserved during the months of April - September only. Pool Parties are only available during June - mid August.
5. Alcohol is prohibited in the parks, however a permit may be requested for an additional \$25. The sale of liquor is strictly prohibited. Alcohol permits will **never** be issued for pool rentals. Proof of insurance must be supplied before an alcohol permit is given. (Either a Certificate of Insurance or a copy of your homeowners insurance bill showing liability insurance).
6. The following is a list of things that the applicant is responsible for when renting a park or the pool:
 - Cleaning up of all messes made during the party. This includes clearing trash from the pavilion and from the park. This must be done before 10:00 p.m. which is the maximum time limit on a party.
 - Emptying of the garbage into dumpsters. (**Please do not use staples on the picnic tables**).

Damage deposits will be returned only if the site is left clean!

If you arrive at a site that has been left a mess or that has been vandalized or if there are any other problems with the site, please call Dispatch at 847-395-8585. A duty man will be called out to the site ASAP.

****The following Antioch groups will not be charged a rental fee for use of pavilions:***** However, the \$100.00 deposit and proof of insurance is required. **All groups will be charged for any pool fees.**

Schools
Scouts
Church groups
Viking Football/Cheerleaders
Swim Team
Rescue Squad
Police & Fire Depts.

Lions Club
Rotary Club
Antioch Youth Baseball Organizations
Moose Organization
Library
Chamber of Commerce
Antioch Schools Class Reunions



Chicago Bulls

Summer Basketball Camp

The Chicago Bulls Basketball School invites boys and girls ages 6 - 14 to become a part of the Chicago Bulls effort to bring championship instruction to our young players. The program is 3 hours per day for 5 days, Monday - Friday. The program will be taught by a team of coaches chosen by the Chicago Bulls because they are the very best at teaching the game and just as importantly understand the value of teaching discipline, respect and teamwork. The Chicago Bulls Basketball School wants to improve every aspect of each players game including ballhandling, shooting, passing individual offensive moves, defensive moves and rebounding. The goal is to make you a better basketball player on Friday than you were on Monday. Players will be divided into Rookies (6 - 8 yrs.) and Veterans (9 - 14 yrs.) within each Chicago Bulls Summer Camp to insure that every child receives the proper attention, instruction and time on the floor needed to take them to the next level. The Chicago Bulls Basketball School curriculum will give each player the chance to improve each time he or she steps on the court.

Enrollment is limited to 60 children to preserve performance standards. Please call 630-752-9225 for more information, to register by credit card or to receive a free brochure.

In addition to the premier instruction, each student will receive:

- Chance to compete in the Skills Competition
- Official Chicago Bulls Player Evaluation, Basketball, Gym

Bag, T-shirt, and Graduation Certificate.

Location: Antioch Upper Grade

Course Code: **CBSBC**

Ages: 6 - 14 yrs.

Time: 8:30 - 11:30 a.m.

Dates: M - F 7/17 - 7/21

Fee: \$199

Min/Max: 10/60

White Sox Training Center

White Sox Training Centers are a grass roots approach to nurturing a lifelong love for the greatest game on the face of the earth. These are not day care camps nor autograph sessions. Young players who are interested in improving their skills will be given a chance to learn basic and advanced baseball skills from some of the most gifted teachers in the game. **All Courses will be held at Williams Park Little League Field.**

Instructors: White Sox Training Centers will again be taught by the best in the business; primarily collegiate coaches, ex-professional players, and full time private instructors. Student to teacher ratio for each course is 10:1 or less.

Courses:

WSTC1: Having successfully instructed nearly 50,000 young people, this Training Center continues to focus on essential individual aspects of baseball including throwing, hitting, bunting, fielding, pitching, and running. Throughout the week, teachings will be reinforced by using fun skill games. On the final day after review, players will get the opportunity to judge their improvement by playing a game.

Ages: 7 - 12 yrs.

Dates: M - F 6/19 - 6/23

Time: 8:30 - 11:30 a.m.

Fee: \$195

Min/Max: 10/60

WSTC2: In its 12th year, the Training Center focuses on practical use of individual skills within the context of team play. Emphasized will be rundowns, bunt plays, turning double plays, pickoff moves, live stealing, situational pitching and hitting, bunting for a hit, suicide squeezes, advanced infield and outfield play. **Requirements:** Students ages 10-12 must have completed or be currently enrolled in WSTC-1 or play for a traveling team.

Ages: 10 - 14 yrs.

Dates: M - F 6/19 - 6/23

Time: 1:00 - 4:00 p.m.

Fee: \$195

WSTCLS: This beginner program is open to boys and girls ages 5 & 6. The purpose of the Little Sluggers program is to introduce this age group to the game of baseball. In addition to focusing on the basics of the game, players will also learn practice leads to improvement and the best way to have more fun playing baseball, is to play and practice and become a better player.

Ages: 5 - 6 yrs.

Dates: M - F 6/19 - 6/23

Time: 8:30 - 11:00 a.m.

Fee: \$135

Min/Max: 10/60

Premiums included with each camp: Each student will receive A pair of tickets to 3 White Sox Games, Training Center Hat and T-shirt.

Register at the Parks Office with cash or check or through the White Sox Training Center by credit card by calling 630-324-8221. Complete brochures are available at both locations.



5 STAR SPORTS



5 STAR MINI SOCCER CAMP

Many soccer skills will be taught throughout the camp. However, the major skills that will be taught are dribbling, passing and shooting. While teaching these skills to your child, they will be having the time of their lives! The camp will strive by teaching your child in a fun and enthusiastic way. All skills will be taught through fun games so your child learns to love soccer. Every participant will receive a t-shirt and a medal.

Location: Centennial Park
Ages: 4 – 6 yrs.
Dates: M – F 7/10 – 7/14
Time: 9:00 – 10:30 a.m.
Min/Max: 8/30
Fee: \$55/60
Code: 5SMSC

5 STAR HALF DAY SOCCER CAMP

Players will be broken up into three groups according to their age and their skills. Younger players as well as soccer newcomers will learn the basics of soccer while playing fun and energetic games. The intermediate and middle-aged players will still play fun games, however they will learn more than the basics of soccer. Here players will be advancing on skills that will ultimately make your child a better and more knowledgeable player. The older and more skillful soccer players will be broken up to enhance their soccer skills and understanding of the game for playing at the highest level. Every participant will receive a t-shirt and a medal.

Location: Centennial Park
Ages: 4 – 17 yrs.
Dates: M – F 7/17 – 7/21
Time: 9:00 – noon
Min/Max: 8/30 (for each group)
Fee: \$107/112
Code: 5SHDSC

FLAG FOOTBALL CAMP

Come and enjoy this wonderful game with us. Your child will learn the rules and regulations of football in a fun and exciting way. Our main goal is to teach your children as much as we can about football while keeping a fun and enthusiastic atmosphere. No equipment is needed. All participants will receive a medal and a t-shirt.

Location: Centennial Park
Ages: 6 – 8 yrs.
Date: M – F 6/19 – 6/23
Time: 1:00 – 3:00 p.m.
Min/Max: 8/30
Fee: \$77/82
Code: 5SFFC

ICELESS HOCKEY CAMP

It doesn't need to be cold to play hockey. Enjoy this wonderful game while learning all the proper techniques. There will be a variety of skills and games that will be played to make sure all aspects of the game is covered. Our main goal however, is all participants get better and have fun so they love the sport in years to come. Hockey sticks and helmet recommended but not required. All participants will receive a medal and a t-shirt.

Location: Williams Park
Dates: M – F 8/7 – 8/11
Ages: 4 – 6 yrs.
Time: 10:00 a.m. – noon
Code: 5SIHC1
Ages: 6 – 8 yrs.
Time: 1 – 3:00 p.m.
Code: 5SIHC2
Ages: 9 – 12 yrs.
Time: 3 – 5:00 p.m.
Code: 5SIHC3
Fee: \$77/82
Min/Max: 8/30

FAMILY OLYMPICS

Our family Olympics class is designed to help toddlers discover the wonderful world of sports. Running, jumping, throwing, catching, shooting and kicking are all activities that will help your child develop their motor skills. They will learn to listen, follow directions, share and get along with other kids. The sports covered will be soccer, basketball, baseball, football and floor hockey. All equipment provided. Parent involvement in this

class. Participants must wear clean gym shoes during inside class.

Ages: 2 -3 yrs.
Time: Sat. 11 - 11:45 a.m.
Ses. 1: 4/8-5/13 5SFO4
Location: Parks Building
Ses. 3: 7/15-8/19 FSFO7
Location: Centennial Park
Min/Max: 6/20
Fee: \$37/42

MINI OLYMPICS

This exciting class focuses on fun while introducing kids to many different sports. Each week the theme sport will change and games will be played. T-ball, soccer, basketball, football and hockey are the main sports covered. Other sports such as tennis, track & field, bowling and even golf may also be introduced if time allows. Children must wear clean gym shoes when inside.

Location: Parks Building
Ages: 3 - 4 yrs.
Time: Sat. noon – 12:45 p.m.
Ses. 1: 4/8 - 5/13 5SMO4
Fee: \$37/42
Ages: 4 – 6 yrs.
Time: Sat. 1:30 – 2:30 p.m.
Ses. 1: 4/8 – 5/13 5SMO5
Fee: \$43/48

Location: Centennial Park
Ages: 3 – 4 yrs.
Time: Sat. 11:45 – 12:30 p.m.
Ses. 2: 5/27 – 7/1 FSMO6
Ses. 3: 7/15 - 8/19 FSMO7
Fee: \$37/42
Ages: 4 – 6 yrs.
Time: Sat. 1:30 – 2:30 p.m.
Ses. 2: 5/27 – 7/1 FSMO8
Ses. 3: 7/15 – 8/19 FSMO9
Fee: \$43/48
Min/Max: 6/20

JUNIOR OLYMPICS

Baseball, soccer, basketball, football and floor hockey will be covered in detail while other sports such as tennis, track & field, bowling and even golf may also be played. Fun is always the number one goal!

Location: Centennial Park
Ages: 6 - 9 yrs.
Time: Sat. 3:30 – 4:30 p.m.
Ses. 2: 5/27 – 7/1 FSJO1
Ses. 3: 7/15 - 8/19 FSJO2
Fee: \$43/48
Min/Max: 6/20

5 STAR SOCCER

Every child should experience the world's most popular game in a way that will put the "fun" in fundamental. All the necessary skills will be covered that will enhance their confidence and prepare them for league play. Dribbling, passing, shooting and teamwork will be priorities during every class. We guarantee your child will impress you with their skill and knowledge level after they take our class. Every child should bring a soccer ball. Shin guards are optional.

Location: Jensen Park
Ages: 3 – 4 yrs.
Ses. 2: 5/22 – 7/3 **5SS2**
No Class on 5/29
Ses. 3: 7/10 – 8/14 **5SS3**
Time: 5 – 5:45 p.m. Mondays
Fee: \$37/42
Ages: 4 – 6 yrs.
Time: 5:45 – 6:45 p.m. Monday
Ses. 2: 5/22 – 7/3 **5SS4**
No Class on 5/29
Ses. 3: 7/10 – 8/14 **5SS5**
Ages: 6 – 8 yrs.
Time: 6:45 – 7:45 p.m. Monday
Ses. 2: 5/22 – 7/3 **5SS6**
No Class on 5/29
Ses. 3: 7/10 – 8/14 **5SS7**
Fee: \$43/48
Min/Max: 6/20

T-BALL/BASEBALL

We introduce your children to America's past time in a fun and creative way. While all the basic skills such as fielding, catching, and batting will be covered, your children will never be bored, as we make sure all kids stay moving and involved. Balls and bats are provided so just bring your glove and let's play ball! T-Ball for ages 3 – 6 and Baseball for ages 6 – 8. Children must wear clean gym shoes for indoor location.

Location: Parks Bldg. **Ses. 1**
Williams Park **Ses. 3**
Ages: 3 – 4 yrs.
Time: 5 – 5:45 p.m. Tuesday
Ses. 1: 4/4 – 5/9 **5STB31**
Ses. 3: 7/11 – 8/15 **5STB33**
Fee: \$37/42
Ages: 4 – 6 yrs.
Time: 6:00 – 7:00 p.m. Tues.
Ses. 1: 4/4 – 5/9 **5STB41**
Ses. 3: 7/11 – 8/15 **5STB43**
Ages: 6 – 8 yrs. **Baseball**

Time: 6:45 – 7:45 p.m. Tues.
Ses. 3: 7/11 – 8/15 **5STB63**
Fee: \$43/48
Min/Max: 6/30

5 STAR BASKETBALL BASKETBALL SKILLS

5 Star Sports loves and plays all sports, but to us nothing can compare to basketball. Our passion for the sport shines through during every class. From the youngsters, (where just the basics such as dribbling, passing and shooting are covered) through the teenage years where the most complex details are explored. Every child will enjoy the fun and creative way the game is presented. So from the basketball die hard to the kid who just needs an outlet for all that extra energy, this is the class for you. Wear clean gym shoes for indoor classes.

Ages: 3 – 4 yrs.
Ses. 1: 4/5 – 5/10 **5SBB3**
Location- Antioch Parks Bldg.
Ses. 2: 5/24 – 6/28 **5SBB4**
Location: Williams Park
Time: Wed. 12 – 12:45 p.m.
Fee: \$37/42
Ages: 4 – 6 yrs.
Ses. 1: 4/5 – 5/10 **5SBB5**
Location- Antioch Parks Bldg.
Ses. 2: 5/24 – 6/28 **5SBB6**
Location: Williams Park
Time: Wed. 5:00 – 6:00 p.m.
Fee: \$43/48
Ages: 6th – 8th Graders
Ses. 2: 5/24 – 6/28 **5SBB2**
Location: Williams Park
Time: Wed. 6:00 – 7:00 p.m.
Fee: \$43/48
Min/Max: 6/20

TENNIS

5 STAR TENNIS

To play at the top level, tennis is a game that must be learned at a young age. Many professionals are retired by their mid 20's. 5 Star Sports offers a fun and exciting way to learn the game the right way. The kids will have a lot more fun than if they were just hitting the ball over the net for an hour, and they will get even more benefits. We have created a system that teaches all the fundamentals of the game in

a way that keeps all the children involved and active.

Location: Jensen Park
Ages: 4 – 6 yrs. **5STEN1**
Ses. 2: 5/22–7/3 **No Class 5/29**
Time: Mon. 3:00 – 4:00 p.m.
Ages: 6 – 8 yrs. **5STEN2**
Time: Mon. 4:00 – 5:00 p.m.
Fee: \$43/48
Min/Max: 6/20

COURT ACES TENNIS

The Court Aces will again be teaching tennis to children ages 8 and up this Spring & Summer. They are a well known and respected organization which provides fun and positive reinforcement as they cover all areas of the game. Held on Tuesdays and Thursdays. We try our best to get classes in, show up for class unless it's pouring rain. See instructor for make up days.

Location: Centennial Park
Session 1:
Dates: Thursdays 4/13 – 5/11
Beginner **CAB1**
Ages: 8 -13 **Time:** 4 – 5:00 p.m.
Adv. Beg/Inter. **CAAB11**
Ages: 10 –14 **Time:** 5 – 6 p.m.
Adult Adv. Beg. & up **CAAB1**
Ages: 15 & up **Time:** 6 - 7 p.m.
Fee: \$60/65
Session 2: 6/13 – 7/6
(7/4 will be made up)
Dates: Tuesdays & Thursdays
Beginner **CAB2**
Ages: 8 & up **Time:** 1 – 2 p.m.
Adv. Beg/Inter. **CAAB12**
11 yrs. & up **Time:** 2 – 3 p.m.
Adults Adv. Beg. & up **CAAB2**
Ages: 15 & up **Time:** 3 – 4 p.m.
Fee: 8 classes \$77/82
Session 3: 7/11– 7/27
Dates: Tuesdays & Thursdays
Beginner **CAB3**
Ages: 8 & up **Time:** 1 – 2 p.m.
Adv. Beg/Inter. **CAAB13**
11 yrs. & up **Time:** 2 – 3 p.m.
Adults Adv. Beg. & up **CAAB3**
Ages: 15 & up **Time:** 3 – 4 p.m.
Fee: 6 classes \$60/65
Min/Max: 5/10
Adult classes held at Heather Ridge in Gurnee (Rtes. 120 & 21)
Call Court Aces at 847-662-5038 for more info.

DANCE

AMERICAN STARS OF DANCE

American Stars of Dance is offering dance and tumbling classes through Antioch Parks and Recreation. Each student in our program learns to dance, develop positive self-esteem and has fun as well. If these classes do not fit your schedule, or if there is a class you are looking for and do not see it listed, please call our studio office at 847-838-1234. **The following classes are held at our Studio in Lake Villa, at 133 Cedar Ave. 6 week sessions.**

Tumbling

This fun class will introduce children to the basics of tumbling, as well as build strength, flexibility and balance. Comfortable clothing, ballet/ tumbling shoes or bare feet are required.

Ages: 6 – 10 yrs.
Time: Tues. 6:00 – 7:00 p.m.
Ses. 1: 4/4 – 5/9 **AST04**
Min/Max: 4/8
Fee: \$65/70

Parent & Tot

This 45 minute class includes play acting with props, parachute games, obstacle courses, creative movement, stretching, some tumbling and basic dance steps. This class offers your child a structured play experience away from home with other children of the same age. Parents should plan to participate with their child. Comfortable clothing and gym shoes are required.

Ages: 18 months – 3 yrs old
Time: Tues. 9:30 – 10:15 a.m.
Ses. 1: 4/4 – 5/9 **ASPT04**
Min/Max: 4/8
Fee: \$50/55

Tap, Ballet, Tumbling

Warm-ups and instructional steps are combined with children's songs and props to help provide fundamental skills. Children are introduced to basic tap and ballet technique. This is a structured dance experience to establish or

continue a "solid" base of dance knowledge. Tap and ballet shoes are required as well as proper dance attire.

Ages: **3 – 5 years old**
Time: Tues. 4:00 – 5:00 p.m.
Ses. 1: 4/4 – 5/9 **ASTB04**
Ages: **6 – 10 years old**
Time: Tues. 5:00 – 6:00 p.m.
Ses. 1: 4/4 – 5/9 **ASTB05**
Min/Max: 4/8
Fee: \$65/70

Ballroom Dancing

We can help you and your partner look good at any event! Come join us in learning the basics in Ballroom, Salsa, Latin and Swing dancing. Comfortable clothing and shoes are recommended.

Ages: Adult/Young Adult
Day: Tuesday 6 weeks
Time: 7:30–8:30 p.m. Beginner
Ses. 1: 5/16 – 6/27 **ASBR4**
No Class 5/30
Ses 2: JULY (TBA) **ASBR5**
Time: 8:30–9:30 p.m. Inter.
Ses. 1: 5/16 – 6/27 **ASBR6**
No Class 5/30
Ses 2: JULY (TBA) **ASBR7**
Min/Max: 3/5 couples
Fee: \$85/90

AMERICAN STARS SUMMER DANCE CAMPS

American Stars of Dance in conjunction with Antioch Parks & Rec. will be offering **themed summer dance camps** (snack included). Each student in our program learns to dance, develop positive self esteem and has fun as well. If these classes do not fit your schedule, or if there is a class you are looking for and do not see listed, please call our studio office at 847-838-1234. **The following classes are held at American Stars Dance Studio in Antioch, located at 237 Depot St.**

Disco Diva

Ages: 7 – 10 years
Time: 10:30 – noon 2 days
Days: Monday & Wednesday
Ses. 2: 7/10 & 7/12 **ASDD1**
Ses. 4: 7/24 & 7/26 **ASDD2**
Min/Max: 4/10

Fee: \$45/50

Hip Hop

Ages: Beginner 9 – 12 yrs.
Time: 4:00– 5:15 p.m. **ASBHH**
Intermediate 13 & up
Time: 5:15 – 6:30 p.m. **ASIH**
Days: Mon., Tues. & Wed.
Session 1: 6/26 – 6/28
Session 2: 7/10 – 7/12
Session 3: 7/17 – 7/19
Session 4: 7/24 – 7/26
Min/Max: 4/10
Fee: \$45/50

Beach Camp

Ages: 6 – 9 yrs.
Time: 10:30 – noon
Days: Monday & Wednesday
Ses. 1: 6/26 & 6/28 **ASBC1**
Ses. 3: 7/17 & 7/19 **ASBC3**
Min/Max: 4/10
Fee: \$45/50

Pee Wee Poms

Ages: 4 – 6 yrs.
Time: 8:30 – 9:30 a.m.
Days: Mon., Tues., & Wed.
Ses. 2: 7/10 – 7/12 **ASPWP2**
Ses. 4: 7/24 – 7/26 **ASPWP3**
Min/Max: 4/10
Fee: \$45/50

Jr. Funk

Ages: 6 – 8 yrs.
Time: 9:30 – 10:30 a.m.
Days: Mon., Tues., & Wed.
Ses. 2: 7/10 – 7/12 **ASJF2**
Ses. 4: 7/24 – 7/26 **ASJF4**
Min/Max: 4/10
Fee: \$45/50

Ballet Princess

Ages: 3 – 5 yrs.
Time: 8:30 – 9:30 a.m.
Days: Mon., Tues., & Wed.
Ses. 1: 6/26 – 6/28 **ASBP1**
Ses. 3: 7/17 – 7/19 **ASBP3**
Min/Max: 4/10
Fee: \$45/50

Butterfly Princess

Ages: 4 – 6 yrs.
Time: 9:30 – 10:30 a.m.
Days: Mon., Tues. & Wed.
Ses. 1: 6/26 – 6/28 **ASBF1**
Ses. 3: 7/17 – 7/19 **ASBF3**
Min/Max: 4/10

Fee: \$45/50

DANCE ACADEMY

The Dance Academy of Antioch is offering Dance classes for all ages through Antioch Parks & Recreation this spring & summer. Our instructors teach the technical aspects of dance while having fun. The dancers will develop their skills and increase their self-esteem. The following classes are held at The Dance Academy of Antioch which is located at 77 McMillan Rd (next to Nice Ice). If these classes do not fit your schedule, please call the Dance Academy at 847-395-0022 for more information.

Parent & Tot Class

This is a ½ hour class which is designed to get even the youngest of dancers having fun and learning to follow music. This class is for those dancers that need mom in the room to help, as well as those that are ready to stay and participate without a parent. The goal in this class is to have fun, learn to listen and follow direction, follow along with music and get ready for the next level. Comfortable clothes and tennis shoes are all that is needed. Sessions are 6 weeks.

Ages: 16 mos. - 3 yrs.
Time: Monday 9-9:30 a.m.
Ses. 1: 4/17 - 5/22 **DAPTC1**
Ses. 2: 7/10 - 8/14 **DAPTC2**
Min/Max: 4/10
Fee: \$47/52

Preschool Tap & Ballet

A fun class for girls and boys!! This is a beginning level class that is designed to develop appropriate skills for the particular age group. Children will learn technique in Ballet and Tap. Classes will consist of a warm-up, progressions across the floor, and fun and exciting routines. Tap and Ballet shoes are recommended for this class, but not mandatory. You may find shoes; (black taps, pink ballets) at Payless, Wal-mart or order them through the studio. Sessions are 6 weeks.

Ages: 3 - 5 yrs.
Time: Mon. 9:45 - 10:30 a.m.
Ses. 1: 4/17 - 5/22 **DAPSTB1**
Ses. 2: 7/10 - 8/14 **DAPSTB2**
Min/Max: 4/10
Fee: \$52/57

Hip-Hop Class

This class is just plain fun! Learn to dance in the style of the music video stars of today. Clean tennis shoes and comfortable clothes. 4 classes in each session. Inst. - Megan.

Session 1: 4 weeks
6/23 - 7/14 on Fridays
Session 2: 4 day workshop
7/31 - 8/3 Mon.-Thurs.

Ages: 8 - 11 yrs.

Hip Hop Beginner

Time: 5:15 - 6:00 p.m.
Ses. 1: 6/23 - 7/14 **DAHH1**
Ses. 2: 7/31 - 8/3 **DAHH2**

Lyrical Beginner

Time: 6:00 - 6:45 p.m.
Ses. 1: 6/23 - 7/14 **DAHH3**
Ses. 2: 7/31 - 8/3 **DAHH4**
Fee: \$47/52

Ages: 12 & up

Hip Hop Intermediate

Time: 6:45 - 7:45 p.m.
Ses. 1: 6/23 - 7/14 **DAHH5**
Ses. 2: 7/31 - 8/3 **DAHH6**

Lyrical Intermediate

Time: 7:45 - 8:45 p.m.
Ses. 1: 6/23 - 7/14 **DAHH7**
Ses. 2: 7/31 - 8/3 **DAHH8**
Min/Max: 5/15
Fee: \$52/57

Ballet Workshop

One day Ballet Workshops with instructor Elizabeth Bertke.

Date: Friday 7/28

Beg./Adv. Beg. Ballet

Time: 5:15 - 6:45 p.m. **DABW1**
Int./Adv. Ballet (No Beginners)
Time: 7:00 - 8:30 p.m. **DABW2**
Fee: \$27/32
Pointe (dancers with 1 or 1+ years of Pointe)

Time: 8:45 - 9:30 p.m. **DABW3**
Fee: \$16/21
Min/Max: 5/15

Pre Pointe Workshop

This class is for those dancers who have had several years of ballet training. Instructor: Tara

Min. Age: 12 yrs. with experience
Time: M - Th. 4:30 - 5:15 p.m.
Ses. 1: 7/17 - 7/20 **DAPPW1**
Time: T - Fri. 4:30 - 5:15 p.m.
Ses. 2: 8/7 - 8/10 **DAPPW2**
Fee: \$47/52
Min/Max: 5/15

The following are one day, 2 hour workshops. Students will warm-up, learn fun dance steps for a tap, ballet and jazz routine and make a fun craft, all corresponding with the theme of the day.

Ballet Princess

Ages: 3 - 5 yrs. **DABP1**
Time: 9:00 - 11:00 a.m.
Ages: 6 - 8 yrs. **DABP2**
Time: 11:00 - 1:00 p.m.
Date: Wednesday, 6/28
Fee: \$35/40

Barbie Dance Party

Ages: 3 - 5 yrs. **DABDP1**
Time: 9:00 - 11:00 a.m.
Ages: 6 - 8 yrs. **DABDP2**
Time: 11:00 - 1:00 p.m.
Date: Wednesday, 7/26
Fee: \$35/40

Hawaiian Hula Dance

Ages: 3 - 5 yrs. **DAHHD1**
Time: 9:00 - 11:00 a.m.
Ages: 6 - 8 yrs. **DAHHD2**
Time: 11:00 - 1:00 p.m.
Date: Wednesday, 8/9
Fee: \$35/40

GYMNASTICS **GYMNASTICS** **ZONE**

Antioch Parks & Recreation is offering gymnastics through the Gymnastics Zone on 820 Anita Street in Antioch. Girls should wear leotard with hair tied back. Boys should wear shorts with elastic waist band and T-shirt.

Play & Learn

Parent & Tot Class

This class is designed for children 18 months to 3 years old. Parent participants with child; serving as a guide and helper as your child begins to explore the environment around him/her and discovers what his/her body can do. Sessions are 4 weeks.

Session Dates are as follows:

Ses. 1: Saturday 4/1 - 4/22
Ses. 2: Saturday 4/29 - 5/20
Ses. 3: Wednesday 6/7 - 6/28
Ses. 4: Wednesday 7/5 - 7/26

Ages: 18 months - 3 yrs
Time: 9:00 - 9:40 a.m.
Ses. 1: Saturday **GZPT1**
Ses. 2: Saturday **GZPT2**
Ses. 3: Wednesday **GZPT3**
Ses. 4: Wednesday **GZPT4**

Min/Max: 6/10
Fee: \$37/42

Pre-School Gymnastics

For children 4 - 5 years old. Child learns to adjust to a group situation and relating to peers. We will begin working on basic tumbling skills and activities on the gymnastics equipment, as well as motor skills, eye-hand coordination, fine muscle control, and activities designed to aid the academic development of the child. Sessions are 4 weeks.

Age: 4 - 5 yrs.
Time: 9:40 - 10:30 a.m.
Ses. 1: Saturday **GZPSG1**
Ses. 2: Saturday **GZPSG2**
Ses. 3: Wednesday **GZPSG3**
Ses. 4: Wednesday **GZPSG4**
Min/Max: 6/10
Fee: \$37/42

Beginning Gymnastics

Emphasis is on physical fitness through gymnastics activities. Tumbling, Balance Beam, Uneven Bars, and Vaulting are included. As the child progresses in level 1 they advance to harder levels and their skills become more difficult. Sessions are 4 weeks.

Age: 6 - 9 yrs.
Time: 10:30 - 11:30 a.m.
Ses. 1: Saturday **GZBG1**
Ses. 2: Saturday **GZBG2**
Ses. 3: Wednesday **GZBG3**
Ses. 4: Wednesday **GZBG4**
Min/Max: 6/10
Fee: \$41/46

CHEERLEADING

XTREME SPIRIT

Xtreme Spirit, in conjunction with Antioch Parks & Recreation, is offering several cheer and pom, classes. The classed do not require previous cheer or pom experience. For more information, please call 847-372-9089 for the program director, Tonia Sewell.

All classes are held at Lake Villa Business Park, Rte. 83, Bldg. 10, Suite 1001, Lake Villa, IL

CHEERLEADING

This class is an 8 week session that will teach your children the fundamentals of cheerleading. Training will focus on stunting,

jumps, motions, dance, tumbling and showmanship. This class does not cheer for any sport but is a great opportunity to experience training with qualified and experienced coaches. A routine will be developed and an exhibition performance will be awarded at the end of the session. Meet new friends and share in the fun! Comfortable shorts, gym shoes, socks and t-shirt recommended. Hair should be worn up. No spaghetti straps or tank tops.

All class times are 6 - 7:00 p.m.

Ages: 5 - 7 yrs. Monday
Ses. 1: 4/3 - 5/22 **XSC1**
Ses. 2: 6/5 - 7/31 **XSC2**

No Class 7/3

Ages: 7 - 9 yrs. Monday
Ses. 1: 4/3 - 5/22 **XSC3**
Ses. 2: 6/5 - 7/31 **XSC4**

No Class 7/3

Ages: 9 - 12 yrs. Tuesday
Ses. 1: 4/4 - 5/23 **XSC5**
Ses. 2: 6/6 - 8/1 **XSC6**

No Class 7/4

Ages: 11 - 14 yrs. Tuesday
Ses. 1: 4/4 - 5/23 **XSC7**
Ses. 2: 6/6 - 8/1 **XSC8**

No Class 7/4

Min/Max: 5/20
Fee: \$105/110

POM DANCE

This class will teach your children the fundamentals of pom dance. Training will focus on using poms with dance technique, jumps, turns, motions, and showmanship. A great way to experience training with qualified and experienced coaches. A routine will be developed and the opportunity for an exhibition performance will be awarded at the end of the session. Lots of fun with music! Comfortable clothing recommended. 8 weeks.

All class times are 6 - 7 p.m.

Ages: 5 - 7 yrs. Wednesday
Ses. 1: 4/5 - 5/24 **XSP1**
Ses. 2: 6/7 - 7/26 **XSP2**

Ages: 7 - 9 yrs. Wednesday
Ses. 1: 4/5 - 5/24 **XSP3**
Ses. 2: 6/7 - 7/26 **XSP4**

Ages: 9 - 12 yrs. Thursday
Ses. 1: 4/6 - 5/25 **XSP5**
Ses. 2: 6/8 - 7/27 **XSP6**

Ages: 11 - 14 yrs. Thursday
Ses. 1: 4/6 - 5/25 **XSC7**
Ses. 2: 6/8 - 7/27 **XSC8**

Min/Max: 5/20
Fee: \$105/110

FITNESS

NEW FITNESS CLASSES!

The Antioch Parks & Recreation Dept. is excited to be offering new fitness classes in our very own gym. Instructor and Antioch Resident, Kim Greany will be offering many classes this spring and summer to keep you moving. She is certified in Personal Fitness Training, Group Exercise, and Yoga. ***Cost of all classes is \$48/53 for any two classes per month or for two months, 1 class per month. \$10 drop in fee. All classes held at the Parks Building, 806 Holbek Dr.**

Movin' to the Oldies

A straight forward "just plain fun" total-conditioning workout. You will receive a low-impact aerobic segment, some balance and core strengthening, ending with a stretch and deep breathing. A great way to start your day! This class is the perfect class for someone new to aerobics or exercise or an active older adult. Join in on the fun! Bring a towel.

Ages: 16 and up
Time: **M & W 11:30 - 12:30**
Ses. 1: 4/3 - 4/26 **KGMT04**
Ses. 2: 5/1 - 5/24 **KGMT05**
Time: **Thur. 5:00 - 6:00 p.m.**
Ses. 3: 6/1 - 6/22 **KGMT06**
Ses. 4: 7/6 - 7/27 **KGMT07**
Ses. 5: 8/3 - 8/24 **KGMT08**
Min/Max: 5/20
Fee: \$48/53 * (see above)

Total Body Workout

Back to the fundamentals of fitness training. This class alternates cardiovascular workouts with strength training to increase muscle tone, boost metabolism, improve cardiovascular fitness and reduce body fat. All Fitness Levels Welcome! Bring a set of hand weights and a towel.

Ages: 16 and up
Time: **Thur. 6:00 - 7:00 p.m.**
Ses. 1 4/6 - 4/27 **KGTBW4**
Ses. 2 5/4 - 5/25 **KGTBW5**
Ses. 3: 6/1 - 6/22 **KGTBW6**
Ses. 4: 7/6 - 7/27 **KGTBW7**
Ses. 5: 8/3 - 8/24 **KGTBW8**
Min/Max: 5/20
Fee: \$48/53 * (see above)

Fitness Walk

You will take vigorous walking excursions around our parks. Have fun in the sun by walking, lunging, squatting and pumping with light hand weights. Please bring your own set of light hand weights and a towel. We will be indoors if it rains. Meet at the Parks Building.

Ages: 16 and up
Time: M & W 8 – 9:00 a.m.
Ses. 1: 6/5 – 6/6/28 **KGF76**
Ses. 2: 7/5 – 7/31 **KGF77**
Ses. 3: 8/2 – 8/28 **KGF78**
Min/Max: 5/20
Fee: \$48/53 * (see above)

PILATES/YOGA **YOGA**

This class provides a gentle and systematic approach to basic postures, breathing and relaxation techniques. Stability balls five support and assist with strength and stability. Bring your own yoga mat. Certified Instructor: Jan Fenske.

Location: Parks Gym
Ages: Adult 16 and up
Time: Mon. 5:30 – 6:30 p.m.
Ses. 1: 4 wks. 6/5–6/26 **YG06**
Ses. 2: 3 wks. 7/10–7/24 **YG07**
Ses. 3: 4 wks. 8/7 – 8/28 **YG08**
Min/Max: 6/25
Fee: 3 wks. \$29/34
4 wks. \$37/42
Drop in Fee: \$10

PILATES MAT CLASS PLUS

Pilates mat class taught by certified fitness instructor Janice Fenske, designed to restore muscular balance and to improve overall body strength. During this class you will also learn to improve flexibility and increase core stability. The movements use the abdomen, lower back and buttocks as a power center, enabling the rest of the body to move freely through each fundamental movement. Resist-A-Balls are included in this class format as well as strength exercises. Dress comfortable and bring a towel and a mat. This is a class for Mind, Body & Spirit! **New Low Price!**

Location: Parks Gym
Ages: Adult 16 and up
Day/Time: Wed. 6 – 7 p.m.
Ses. 1: 4 wks. 4/5 – 4/26 **YP04**

Ses. 2: 4 wks. 5/3 – 5/24 **YP05**
Ses. 3: 4 wks. 6/7–6/28 **YP06**
Ses. 4: 3 wks. 7/12–7/26 **YP07**
Ses. 5: 4 wks. 8/2 – 8/23 **YP08**
Min/Max: 6/25
Fee: 3 wks. \$29/34
4 wks. \$37/42
Drop in Fee: \$10

YOGA/PILATES FUSION

A blend of Pilates mat-based exercises and yoga postures, guaranteed to soothe the mind and relax the body. Bring your own yoga mat. Certified Instructor: Janice Fenske.

Location: Parks Building Gym
Ages: Adult 16 and up
Day/Time: Thurs. 9 – 10:00 a.m.
Ses. 1: 4 wks. 4/6 – 4/27 **YPF4**
Ses. 2: 4 wks. 5/4 – 5/25 **YPF5**
Ses. 3: 4 wks. 6/8 – 6/29 **YPF6**
Ses. 4: 3 wks. 7/13– 7/27 **YPF7**
Ses. 5: 4 wks. 8/3 – 8/24 **YPF8**
Min/Max: 6/25
Fee: 3 wks. \$29/34
4 wks. \$37/42
Drop in Fee: \$10

BEST DEFENSE **SAFETY & SELF- DEFENSE FOR KIDS**

Is your child ready to handle scary situations with confidence? Recognizing, avoiding and escaping from dangerous people and situations, with 25+ discussion topics and 25 simple, practical, self-defense maneuvers. Taught in a fun, non-threatening way by a certified instructor. Illustrated Home Learning Guide, Certificate and Wallet-sized Safety Card included. Parents welcome to observe free. Wear casual clothing and clean, tied gym shoes. All materials included.

Location: Parks Gym
Age: 6 and up
Time: Tuesdays, 1 - 2:15 p.m.
Dates: 6/13 – 6/27 **BD01**
Min/Max: 8/25
Fee: \$50/55



ARTS & CRAFTS

BASKET WEAVING

Our instructors are Lisa Herout and Ann Krumpas who have taught basket weaving for the Antioch Fine Arts Foundation as well as other area park districts. All materials included.

Location: Parks Bldg.
Ages: 16 and up
Min/Max: 5/12

Chain Tote

This basket is great-looking, functional and so easy to weave. Lots of color in a bold chain pattern and custom leather straps give this tote a distinctive appearance. You will want to take this roomy tote basket everywhere. Students may choose one or two colors for this basket (green, black, navy, red, wine or smoke).

Time: 6:30 – 9:30 p.m.
Date: Monday, April 17
Fee: \$39/44 **BWCT**

Tissue Basket

This basket will fit over a square tissue box and match any décor. A solid wooden lid with a slot for the tissues will give this basket the perfect fit. Students can customize their baskets with a choice of color accents to be chosen at the time of class.

Time: 6:30 – 9:30 p.m.
Date: Monday, May 15
Fee: \$29/34 **BWTB**

Positively Plaid

This big round basket has an eye-catching design that looks complicated but is easy to weave once you learn the technique. Though this basket has the traditional bushel basket shape and wooden handles, lots of color gives this design a contemporary flavor. Please choose a color accent at the time of registration (red, wine, smoke, green, black or navy).

Time: 6:30 – 9:30 p.m.
Date: Monday, June 19
Fee: \$49/54 **BWPP**

HANNAH'S HOME

ACCENTS

CLASSES

All classes held at Hannahs,
455 Lake St., Antioch

RUBBER STAMPING

Graduation Party Invitations

Learn how easy it is to create your own unique party invitations for Grade School, High School or College parties. You will also take home a rubber stamp after the class so you can get started on your invitations for your special day

Ages: 12 - adult
Date: Saturday, April 1
Time: 10:00 – noon **HHARS1**
Min/Max: 3/12
Fee: \$22/25

Embellish Your Heart Out

Learn all the ins and outs of embossing while creating some wonderful cards.

Ages: Adult
Date: Saturday, July 22
Time: 10:00 – noon **HHARS2**
Min/Max: 3/12
Fee: \$17/20

SCRAPBOOKING

Mother's Day Memory

What a great gift for Mom, using art canvas and a few snap shots to create a table top display. A new twist for scrapbooking.

Ages: 12 and up
Date: Saturday, April 29
Time: 10:00 – noon **HHASB1**
Min/Max: 3/12
Fee: \$22/25

Create a Mini Album

Let's make a wonderful mini album using the new EK Success "Bookwork" products.

Ages: Adult
Date: Saturday, May 13
Time: 10:00 – noon **HHASB2**
Min/Max: 3/12
Fee: \$17/20

Your Special Event **Canvas Collage**

Bring 4 – 6 of your favorite photos from Graduation, Prom or a wedding and create a great memory sealed on canvas. You will need to purchase some of your

embellishments depending on which theme you choose. You may also bring some mementos from the event.

Ages: 12 - adult
Date: Saturday, June 10
Time: 10:00 – noon **HHASB3**
Min/Max: 3/12
Fee: \$17/20

"Just for Kids" **Shadow Box Frame**

Kids 9 years and up pick a favorite photo and bring it with to this class, you will create a fantastic accessory for your room.

Ages: 9 – 15 yrs.
Date: Saturday, June 24
Time: 10:00 – noon **HHASB4**
Min/Max: 3/12
Fee: \$17/20

BEADING

Prom Necklace

Come and create a great looking floating bead necklace to enhance your special prom dress.

Ages: 16 and up
Date: Saturday, April 29
Time: 10:00 – noon **HHAB1**
Min/Max: 3/12
Fee: \$17/20

Mother's Day Bracelet

Find out your mom's favorite color, then come and create a unique bracelet so very special just for your mom.

Ages: 9 -15 yrs.
Date: Saturday, May 6
Time: 10:00 – noon **HHAB2**
Min/Max: 3/12
Fee: \$12/15

Beading Basics

This class goes back to the basics of beading: learn about the different kinds of beads and how they are used. Don't know what tools are needed, this class shows what each is used for. You will create something special for attending this class.

Ages: 12 and up
Date: Saturday, May 6
Time: 10:00 – noon **HHAB3**
Min/Max: 3/12
Fee: \$12/15

Clay and Beads for Dad **Key Chain**

Sculpey clay and beads will be the product used to create a wonderful key chain for Father's Day. You will be the designer.

Ages: 9 -15 yrs.
Date: Saturday, May 6
Time: 10:00 – noon **HHAB4**
Min/Max: 3/12
Fee: \$12/15

KNITTING

Knitting 101

In this basic beginner's class, you will receive a pair of knitting needles and a skein of yarn. In this two hour class you will learn to cast on, knit and cast off.

Ages: 12 - Adult
1 day workshop on Saturdays
Times: 10:00 a.m. – noon
Ses. 1: 4/1 **HHAK4**
Ses. 2: 5/13 **HHAK5**
Ses. 3: 6/10 **HHAK6**
Ses. 4: 7/8 **HHAK7**
Min/Max: 3/6
Fee: \$12/15

CROCHET 1-2-3

In this basic beginner's class, you will learn the basic stitches needed to make a dish cloth with the Sugar and Cream yarn and crochet hook you will receive at class.

Ages: 12 - Adult
1 day workshop on Saturdays
Times: 1:00 – 3:00 p.m.
Ses. 1: 4/29 **HHAC4**
Ses. 2: 5/13 **HHAC5**
Ses. 3: 6/24 **HHAC6**
Ses. 4: 7/22 **HHAC7**
Min/Max: 3/6
Fee: \$12/15

QUILTING

Introduction to Quilting **(Nine Patch)**

Do you have a desire to learn how to quilt but just don't know how to get started? This is the class for you. Bring your machine in working order along with your thread, pins and basic sewing supplies. We will provide the fabric for you to complete one quilt block. Our cutting boards, rulers and rotary cutters will be available for you to use during this class.

Ages: Adult
1 day workshop on Saturdays
Times: 1:00 – 3:00 p.m.

Ses. 1: 4/1 **HHAQ4**
 Ses. 2: 5/13 **HHAQ5**
 Min/Max: 3/6
 Fee: \$17/20

Kids Can Quilt (Thick and Thin)

This beginner's quilting class for kids for children who want to learn to sew. Bring mom's sewing machine in working order along with thread, pins, and basic sewing supplies. We will provide the fabric for you to complete a quilt block that could be used to hang on the wall or used as a mat on your dresser. Our cutting boards, rulers and rotary cutters will be available for you to use during this class.

Ages: 11 and up
 1 day workshop on Saturdays
 Time: 9:30 – 12:30 p.m.
 Ses. 1: 6/24 **HHAQ6**
 Time: 12:30 – 3:30 p.m.
 Ses. 2: 7/8 **HHAQ7**
 Min/Max: 3/6
 Fee: \$17/20

PROMISING PICASSOS

Basic Drawing Class

This is a drawing class unlike any other for 4 - 6 year olds. Children will work on fine motor development and organizational skills. Each session consists of different drawings so be sure to sign up for more than one session. All materials provided.

Location: Parks Bldg.
 Age: 4 – 6 yrs.
 Ses. 1: 4/20 – 5/11 **PPBD04**
 Time: Thurs. 4:30 – 5:15 p.m.
 Min/Max: 6/12
 Fee: \$32/37

Nickelodeon Drawing Class

Let's draw some of your favorite characters from the Nickelodeon channel. We will be using pencils, markers, crayons and colored pencils. All materials provided, no previous art needed.

Location: Parks Bldg.
 Ages: 7 – 12 yrs.
 Ses. 1: 4/20 – 5/11 **PPNDC4**
 Time: Thurs. 5:30 – 6:30 p.m.
 Min/Max: 6/12
 Fee: \$32/37

Pee Wee Picassos

Popsicle sticks and puppy dog tails- That's what this art class is made of. In this preschool arts and crafts class designed especially for you and your toddler. You will have fun and get messy! You and your children will work together to create projects in this hands on environment. Let's get started.

Location: Parks Building
 Age: 2 ½ - 5 yrs.
 Ses. 1: 6/22 – 7/13 **PPPW1**
 Ses. 2: 7/20 – 8/10 **PPPW2**
 Time: Thurs. 9 – 9:45 a.m.
 Min/Max: 6/12
 Fee: \$32/37

Vacation Dreams

Do you like roller coasters or waterslides or how about scuba diving? Where are you going for summer vacation? Where do you wish you were going? Let's create those exciting adventures in our drawings. Markers, crayons and colored pencils will be used to help our imaginations soar to the vacation of our dreams!

Location: Parks Building
 Age: 6 – 12 yrs.
 Ses. 2: 6/22 – 7/13 **PPVD1**
 Time: Thurs. 10 – 11:00 a.m.
 Min/Max: 6/12
 Fee: \$32/37

Extreme Sports

Get your gear and suit up. We are going to put some air into our pics this time. Let's catch some action and put it into our drawings. Grab pencils, crayons, markers and colored pencils and really make these drawings come to life.

Location: Parks Building
 Age: 6 – 12 yrs.
 Ses. 3: 7/20 – 8/10 **PPES1**
 Time: Thurs. 10 – 11:00 a.m.
 Min/Max: 6/12
 Fee: \$32/37

CERAMICS

CERAMICS FOR YOU

Ceramics For You – Painting Studio, is new to Antioch and will be offering classes through the Parks Dept. this year. All classes listed below will be held at the studio, which is located at 1498

North Rte. 83, Antioch. 847-838-1665. Instructor: Cheryl Johnson

Fish Wind Chimes

We will complete a four piece fish wind chime using sponging, spraying and a washing technique.

Ages: 7 – 13 yrs.
 Time: 4:00 – 5:00 p.m.
 Date: Wed. 4/12 **CFY4**
 Min/Max: 3/10
 Fee: \$22/27

Mother's Day Gift

Come in and make mom a memorable gift for Mother's Day. We will complete a 9" flower pot with tray. Mom will love it!

Ages: 7 – 13 yrs.
 Time: 4:00 – 5:00 p.m.
 Date: Wed. 5/10 **CFY5**
 Min/Max: 3/10
 Fee: \$22/27

Father's Day Gift

Hey wait a minute Dad, you may have way too many ties in your closet. Let's try something new for dad. Come in and make a marbleized box to keep his stuff in.

Ages: 7 – 13 yrs.
 Time: 4:00 – 5:00 p.m.
 Date: Wed. 6/14 **CFY6**
 Min/Max: 3/10
 Fee: \$22/27

Bird Feeder

This one is for the birds! We will complete an 11" bird feeder from a plate. Don't miss out! You will use your imagination in this class!

Ages: 7 – 13 yrs.
 Time: 4:00 – 5:00 p.m.
 Date: Wed. 7/12 **CFY7**
 Min/Max: 3/10
 Fee: \$22/27

Room Plaque

Claim your space! Come in and make your own room plaque with your name on it. Claim your space right before school starts!

Ages: 7 – 13 yrs.
 Time: 4:00 – 5:00 p.m.
 Date: Wed. 8/9 **CFY8**
 Min/Max: 3/10
 Fee: \$22/27



MUSIC

Imagination Improvisation

**A journey of musical
expression for early
childhood**

These developmentally appropriate classes actively involve children in making music through playful exploration using rhymes, folk songs, movement, body percussion and instruments. All children can participate at their own level as activities are specifically tailored to match the abilities and interests of the members of the class. The instructor Rebecca Gundlach, an Orff-Schulwerk specialist, has taught children of all ages for eighteen years (including her own four young children) and brings a wide variety of experiences to the classroom. **Location: Trinity United Methodist Church (corner of Beck Rd. and Valley Dr. in Lindenhurst).**

Infant Class

For birth to 18 months old with parent. Lap babies, crawlers and walkers participate at their own level as they explore musical sounds and textures. Activities will focus on the infant-parent relationship. Sessions are 7 weeks.

Dates: Saturdays 7/15 – 8/26
Time: 9 – 9:45 a.m. **IINF7**
Min/Max: 1/5
Fee: \$80/85

Toddler Class

Toddlers ages 18 months to 3 ½ years, explore their world through all manner of movement. This class will use music to aid in discovery and development of large motor skills, to reinforce developing language abilities, and to encourage social interaction with other children.

Dates: Saturdays 7/15 – 8/26
Time: 10 – 10:30 a.m. **IIT7**
Min/Max: 1/5

Fee:

\$80/85

Preschool Class

This class is for 3 ½ - 5 year olds. Emerging independence and confidence create opportunities that prepare for future formal music training. Parents will be welcomed at the end of each session to see (and hear) what we have accomplished.

Date: Saturdays 7/15 – 8/26
Time: 10:45–11:30 a.m. **IIPS7**
Min/Max: 1/5
Fee: \$80/85

CANDY'S CANINES

DOG AGILITY CLASS

Would your dog enjoy the fun sport of Agility? Instructor, Cheryl Carter of "Candy's Canines" and the Antioch Parks and Recreation Dept. are offering a one-time "Try-It" class where you can see if agility is the right sport for you and your dog. The class is part lecture, part performance. We'll discuss the benefits/risks of agility, the costs involved with training and competing, how long it takes to train a dog for agility, what you can do to practice at home and more. We'll also introduce your dog to some of the obstacles to see if he likes it! There are no prerequisites for this class. Dogs must be on leashes and bring training treats.

Location: Candie's Canines
836 Anita Ave. Antioch, IL
Date: Tuesday 4/4
Time: 7:30 p.m. **DGC01**
or
Date: Tuesday, 5/9
Time: 7:30 p.m. **DGC02**
Fee: \$30/35 per dog
Max: 10 dogs

GOLF

ANTIOCH GOLF CLUB

Group golf lessons will again be taught at the Antioch Golf Club by PGA professional, Vince Juarez and Assistant Golf professional, Brian Nagy. Lessons are designed for beginning golfers and will cover putting, chipping, pitching, full

swing and on course knowledge. Each session is one hour per week for 3 weeks. The following classes will be taught at the Antioch Golf Club on Rte. 59 and Grass Lake Rd. in Antioch. Student/teacher ratio is 5:1 or less.

Youth Classes

Ages: 7 – 15 yrs.
Time: **5 – 6:00 p.m.** Mondays
Session 1: 5/8 – 5/22 **AGCY1**
Session 2: 6/5 – 6/19 **AGCY3**
Session 3: 7/10 – 7/24 **AGCY5**
Session 4: 7/31 – 8/14 **AGCY7**
Time: **4 – 5:00 p.m.** Mondays
Session 2: 6/5 – 6/19 **AGCY2**
Session 3: 7/10 – 7/24 **AGCY4**
Session 4: 7/31 – 8/14 **AGCY6**
Max: 5 students
Fee: \$55/60

Adult Classes

Ages: 16 and up
Time: **6 – 7:00 p.m.** Mondays
Session 1: 5/8 – 5/22 **AGCA1**
Session 2: 6/5 – 6/19 **AGCA2**
Session 3: 7/10 – 7/24 **AGCA3**
Session 4: 7/31 – 8/14 **AGCA4**
Max: 5 students
Fee: \$55/60

HORSE RIDING LESSONS

at Windance Acres

We offer 2 styles of riding, at Windance Acres, English or Western, (you must specify). Classes start at the beginner level. Each child may advance to his/her own level. Proper attire is a MUST! Long pants, shoes/boots with a heel and a riding helmet are required. (Riding helmets will be supplied if you do not own one.) Don't worry about the weather, they have an indoor and outdoor arena. If you have any questions about lessons please call 847-265-2329.

Location: Windance Acres, 803 Cedar Lake Road, Lake Villa,
Age: 6 and up
Day: Wed. Time: 4 - 5:00 p.m.
Ses. 1: 4/12 – 5/3 **WDA04**
Ses. 2: 5/10 – 5/31 **WDA05**
Ses. 3: 6/7 – 6/28 **WDA06**
Ses. 4: 7/5 – 7/26 **WDA07**
Ses. 5: 8/2 – 8/23 **WDA08**

Min/Max: 1/3
Fee: \$120/130

PROGRAMS

Playtime in the Park

This fun, summertime class is for pre-school age children who will explore a different park each week with Miss Debbie and Miss Carol from our Camp Crayon Program. There will be time for play, songs, stories and snacks provided.

Location: 1st class will meet at Centennial Park and a schedule will be distributed at that time. **Rain Date: 7/5**

Ages: 4 & 5 yrs.
Time: 10:00 – 11:30 a.m.
Dates: Wed. 6/7 – 6/28 **CCPT**
Min/Max: 6/10
Fee: \$40/50

**FEES ARE LISTED AS
RESIDENT/NON-RESIDENT
RESIDENT HAS A 60002 ZIP
CODE**

Camp Crayon Reunion Night

Come and visit with Miss Debbie, Carol, Ray and



Karen from Camp Crayon. Make a craft, ice cream sundaes, dance and sing along to all your favorite Camp Crayon songs.

Location: Parks Classroom
Ages: 6 – 8 yrs.
Time: 6:30 – 8:30 p.m.
Date: Friday, May 5 **CCRN**
Min/Max: 12/24
Fee: \$10/20

Fri 12th Deadline for Pageant Applications
Sat 20th Swim Lesson Registration Antioch Res. 9 a.m. at Parks Office
Mon 29th Memorial Day
Tue 30th Open Registration - Swim Lessons

JUNE

Sat 3rd Antioch Aqua Center Opening Day
Sat 17th Miss Antioch Pageants at ACHS Auditorium 6:30 p.m.
Sat 17th Arts & Craft Faire
Sun 18th Arts & Craft Faire
Thur 29th It's Thursday – Concert Series begins, Band Shell on Skidmore
Sun 25th Fire Dept. Pancake Breakfast at Fire Station on Holbek Dr.

JULY

Tues 4th Independence Day Celebration Williams Park and Parade at 11 a.m. on Main Street
Thurs - Sun, 20th - 24th Taste of Summer and Maxwell Street Days

AUGUST

Sun 6th Lions Club Chicken BBQ & Rescue Squad Auction - Williams Park
Sun 27th Antioch Aqua Center Closes

SEPTEMBER

Mon 4th Labor Day
Sat-Sun 9 & 10 Arts & Craft Fair Skidmore Dr.
Sun 17th Mother-Son Cosmic Bowling Night

Important Dates

APRIL

Mon 3rd Pageant Applications available at Parks Office
Sat 8th Eggcellent Easter Adventure Parade and Egg Hunt at Williams Park
Sat 15th Summer Day Camp Register Antioch Village Residents 9 - 11a.m., Township Residents 11:00 a.m.-Noon at Parks Office
Sat 29th Arbor Day 9 a.m. - noon at Senior Center

MAY

Mon 1st Pool Passes go on sale at Parks Office

Antioch Parks, Land & Program Facilities	A C R E A G E	P L A Y G R O U N D	P A V I L I O N	B A S K E T B A L L	B A S B A L L	V O L L E Y B A L L	T E N N I S	F I S H I N G	B A T H R O O M S	A R B O R E T U M	P I C N I C T A B L E S	G R I L L S	O P E N F I E L D S
1. Abbey Estates Park (Undeveloped)	4.6												
2. Antioch Community Building, 884 Main St.									x				
3. Antioch Community High School, 113 Main St.					x	x	x		x				x
4. Antioch Elementary School, 817 Main St.		x		x	x				x				x
5. Antioch Upper Grade School, 800 Highview Dr.				x	x				x				
6. Antioch Village Hall, 874 Main St.									x				
7. Centennial Park, 601 Anita St.	8.6	x	x		x		x		x		x	x	x
8. Gage Brothers Park & Hiram Butterick Sawmill, Scout House, 770 Cunningham Dr.	4.4	x								x	x		x
9. Jensen Park, Alima Terrace (in Sequoit Terrace Subdivision)	2.4	x	x	x	x		x		x		x		x
10. North Park, Donin Drive (in Antioch Manor North Subdivision)	3.5	x		x				x			x		x
11. Osmond Park, Valleyview Court	2.5	x				x					x		x
12. Pedersen Park, Highway 173	8.6	x						x	x		x	X	X
13. Senior Center, 817 Holbek									x				
14. Parks & Recreation Building, 806 Holbek Camp Crayon, Summer Day Camp									x				
15. Tiffany Farms (Undeveloped)	24.5												
16. W. C. Petty School, 850 Highview Dr.		x		x	x				x				x
17. * Williams Park, 741 Main Street	8.8	x	x	x	x	x			x		x	x	x
18. Windmill Creek (Undeveloped)	8.5												
19. Woods of Antioch (Undeveloped)	14.8												
20. Redwing View - Pulte Homes (.35 developed)	15.8	X								X			
21. Sprenger Park – NeuHaven	41.8	X											X
22. Mary's Park – NeuHaven	3.6		X										
23. Trevor Creek – Kennedy Homes (Undeveloped)	3.0												
24. Clublands 1 & 2 (under construction)	16.2												

***Williams Park also includes the Little League Diamond, Antioch Aqua Center, Skate/Bike Park and Lions Club Pavilion**

n
t
i
o
c
h
,
s

T
a
s
t
e

o
f

S
u
m
m
e
r